**HEAL PRIORITY ACTION TEAM Meeting Minutes**

Date: Thursday, February 11, 2020

Time: 2:00 to 3:30 pm

Location: Via Zoom

**GOAL:** TO FOSTER AND PROMOTE HEALTHY EATING AND ACTIVE LIVING TO REDUCE CHRONIC DISEASE AND FOOD INSECURITY IN THE TRI-COUNTY AREA.

**OBJECTIVE #1** (HP2020): By 2022, reduce the proportion of adults considered obese by 2%

**OBJECTIVE #2** (HP2020): By 2022, reduce the proportion of youth (Grade 8-12), who self-reported overweight and obese by 2%

**OBJECTIVE #3** (HP2020): By 2022, decrease food insecurity in populations residing in Peoria, Tazewell and Woodford Counties by 1%

**SOCIAL DETERMINANTS**: Food insecurity & Built environment

ATTENDEES: Greg Eberle, Kaitlyn Streitmatter, Jenna Smith, Kim Litwiller, Mike Brooks, Elise Albers, Hayley Madigan, Andrea Miner, Susie Smith, Keith Knox, Emily Kearney (Jenna’s intern), Michelle Compton, Jordan Rahn, Amy Fox

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| **Topic** | **Leader** | **Discussion** | **Action** |
| Welcome/Introductions | Greg Eberle |  |  |
| Review of last year’s annual report | Kaitlyn Streitmatter | Reviewed the 2019 Annual Report. |  |
| 2020 Annual Report and Annual Meeting | Greg Eberle | What contributions did we make in Jan 2020-December 2020? | **All**-send Greg, Shanita or Kaitlyn an email with your contributions to adult obesity, youth obesity, food insecurity or built environment   * **Kaitlyn**-Reach out to Peoria YMCA RESET- Jim Larson * **Kaitlyn**-Reach out to Riverplex weight management * **Susie**-send Kaitlyn total number of children educated in the Garden of Hope |
| Data Discussion   * Review of current data points * New data dashboard | Kaitlyn Streitmatter  Greg Eberle | We will not have an in-person annual meeting. Will be a virtual platform.  We need to have an intentional approach to identify the data points to make sure they are in-line with our objectives and goals.  As a data point, we will use electronic health records for BMI youth and adult as a baseline to see if it changes. Are there other resources to use as a data source? | **Michelle** and **Amy**- will look at possible sources about children at a healthy weight are more likely to be at a healthy weight as adults  **Michelle**-will think about what is easily measurable data point in WIC Breastfeeding program  **Hayley**-will get breastfeeding outreach data point as the program is developed  **Jenna** and **Susie**- send numbers of activity kits distributed to youth to Kaitlyn |
| Introduction to 5-2-1-0 Framework for youth obesity objective | Elise Albers | **Elise**-Currently targeting 5th grade students, but these kits are fully customizable to any age, including adults.  **Susie**-We will purchase 300 Smart Meals, bags, water bottles (donated by the Children’s Hospital), dice and other materials. There are many partners we could reach.  **Kaitlyn**-SNAP-ED could help with outreach and education  Consider:  -Who is our target audience- Head Start, Early Head Start, Wrap Around Center  - Can we include other objectives  - timeline  - who will pack the bags?  - additional items in kit to include HEAL partners | **Susie** and **Kaitlyn** will meet to identify contacts and strategy |
| Workgroup breakout sessions   * Adult Obesity * ISPAN/Built Environment : consider walking assessments * Youth Obesity | Kaitlyn Streitmatter  15- 20 minutes | Table until next meeting |  |
| Food System Partners Updates | Amy Fox | **Kim**- Amy said that the Ending Hunger Together Grant was submitted today! |  |
| Member Announcements |  | None |  |
| **NEXT MEETING:**Thursday, February 11, 2021 TBD | | |  |

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