HEAL PRIORITY ACTION TEAM Minutes

Date: Thursday, October 14, 2021

Time: 2:00 to 3:30 pm

Location: Zoom & Tazewell County Health Department / Auditorium -- 21306 IL RT 9., Tremont, IL 61568

GOAL: TO FOSTER AND PROMOTE HEALTHY EATING AND ACTIVE LIVING TO REDUCE CHRONIC DISEASE AND FOOD INSECURITY IN THE

TRI-COUNTY AREA.

OBJECTIVE #1 (HP2020): By 2022, reduce the proportion of adults considered obese by 2%

OBJECTIVE #2 (HP2020): By 2022, reduce the proportion of youth (Grade 8-12), who self-reported overweight and obese by 2%

OBJECTIVE #3 (HP2020): By 2022, decrease food insecurity in populations residing in Peoria, Tazewell and Woodford Counties by 1%

SOCIAL DETERMINANTS: Food insecurity & Built environment.

Visit healthyhoi.org for more information on the HEAL Priority Action Team!

Members in Attendance: Hayley Maigan, Melissa Bucklin, Staci Coussens, Kim Litwiller, Joyce Harrant, Salley Gambacorta, Renee Wieland, Elise Albers, Raquel Herron, Susie Smith, Greg Eberle, Kaitlyn Streitmatter, Shanita Wallace, Amy Fox, Jolene Whisler, Amanda Smith, Michelle Compton, Mike Brooks, Nate Johnson, Amy Christison

Welcome/Introductions

Kaitlyn welcomed members to the meeting. Attendees introduced themselves.

Board/Chair Announcements

- CHNA has been launched and is currently being collected throughout the Tri-County.
 - o <u>2021 CHNA Survey Peoria, Tazewell and Woodford Counties</u> (English)
 - o 2021 CHNA Encuesta Condados de Peoria, Tazewell y Woodford (Spanish)
 - As of October 7th surveys are still needed in Region 4 (61569, 61533, 61536) and Region 5 (61529,61517,61559) of Peoria Co.
 Woodford Co. still needs surveys from the East Region (61738,61760,61516,61771,61561). Tazewell Co. has all regions are complete.
 - o The CHNA survey will stay open until survey numbers are complete in all regions across the Tri-County.
 - CHNA postcards were created for distribution with a QR code for accessing the survey in both English and Spanish. The postcard
 is attached.
- (MAPP) Mobilizing for Action through Planning and Partnerships: An opportunity was announced through NACCHO for LHD to apply to field test a selection of MAPP materials, tools, and assessments from the newly revised MAPP 2.0 Framework. The Partnership is currently awaiting word if the Tri-County has been selected for the Test Pilot of MAPP 2.0.



- HEAL Roadmap documents were presented by Shanita. The document visually displays the work of HEAL Team and the Partnership as it happens simultaneously and highlights the direction in which our work moves us. Please see documents attached.
- Partner Interviews will be conducted during November in place of a regular HEAL Team meeting. Interviews will be set to discuss current engagement with partners, and what is happening within each organization for the sake of strengthening the overall partnership. Partner Interviews will help shape the HEAL Team Asset Map and 2021 Annual Report.
- Sign up Genius for Partner Interviews: https://www.signupgenius.com/go/8050b4da4a62babf58-heal
- Future HEAL Team Agenda will include Current Strengths, Current Weaknesses, Needs for the team all of which will be reported back to the Partnership Board.

Data Dashboard

- Childhood Obesity Data Criteria has been developed with the help of Dr. Amy Christianson
 - Well-child type visits are the selected criteria for children ages 2-17 from Peoria, Tazewell & Woodford Co.
 - Weight status categories will be based upon CDC definition.
 - Ages groups will be broken down as follows: 3-5 years, 6-11 years, and 12-17 years.
 - Data will be collected from Pediatricians, Primary Care Physicians, UPH, Carle Eureka, and OSF.
 - WIC will work to pull weight data for 3-5 years old for 2018, 2019 & 2020
 - Illinois Youth Survey (IYS) for 6th, 8th & 10th-grade self-reporting data will also be factored into the childhood obesity data criteria.
 - Each county needs a 'point person' to actively gather schools to participate in completing IYS.
- Social Determinants of Health Dashboard is beginning to offer some data, as data continues to be collected this will be a helpful tool in the future to identify data surrounding food insecurity.
 - Health/food insecurity surveys are being administered by PCP, as well as OSF Community Nurses. The survey is currently
 provided electronically and built into EPIC both Unity Point and OSF utilize the survey via EPIC.
 - Susie Smith (OSF) reported when food insecurity is identified with the Faith Community Nurses program a map of food sources is provided on the patient's after-visit summary.
 - "Find Food Illinois" map is updated regularly and includes all free meals throughout Illinois this would be a great resource to offer when food insecurity is identified. https://eat-move-save.extension.illinois.edu/#find-food-il
 - Food insecurity & food screening work aligns well with the Illinois American Academy of Pediatrics food insecurity grant, focusing on developing a collective impact plan to screen and identify children with food insecurities to connect them with resources to improve their nutrition. Dr. Amy Christianson is working on this grant is looking for individuals to join her in this work.

HEAL Team News

- The coming edition will feature Complete Streets Demo, National Breastfeeding Month, and Hunger Action Month.
- All articles are due 10/15/21.

Catalyzing Communities Grant

• HEAL was not awarded the grant; however, an invitation was extended by Tufts University to take in additional training opportunities that will benefit and strengthen our current work.

P3 (Parks, People & Power) Grant

- Elise Albers reported a group met to work on applying for the grant. Emily (Peoria Park District) is working to clarify details around fiscal agent requirements
- Peoria Park District or Peoria Park District Foundation are unable to apply as primary applicant/fiscal agent. Group is looking for 501C3 fiscal agent who would be willing to partner
- The group that met determined that engagement of programs would be the best fit/direction for the grant. The application will be made with a focus on increasing racial diversity.
- P3 is a 2-year grant that would begin May 2022.

Announcements

WIC Farmers Market Voucher Update – Michelle Compton

- PCCHD still has several WIC Farmers Market vouchers for WIC Clients it is assumed Tazewell & Woodford have a similar situation.
- Ideas were discussed for enrolling more farmers for the 2022 Farmers Market season who can accept WIC Farmers Market Vouchers, as well as bringing WIC to the local Farmers Markets to distribute vouchers on-site.

Mammo Day 2021 - TCHD & UPH

• October 15th from 9 am – 4 pm at UPH Pekin, Peoria Diagnostic Center, and Proctor.

Break out Group Updates/Discussion

Move it Mondays:

• October 26th @ 11 am – Invitation to attend a webinar to learn how to implement Move It Monday curriculum.

- Zoom Meeting Invite Here: https://us06web.zoom.us/j/81630970059
- The goal is to have "Move It Monday" events planned throughout the area.

HEAL Food System Partners:

- Minutes for HEAL Food System Partners' last meeting are attached.
- Team 1 Grow A Row has met its 20,000 pounds of fresh produce goal! Upcoming Fresh Food Drive push for the winter months. Currently working with pantries to provide freezers and refrigerators through the help of a donor.
- Team 2 Culturally diverse food bundling for pantries continues to be an ongoing focus.
- Team 3 Focus on family sustainability through Healthy Cents classes that are offered both in-person & virtually.
- Team 4 Several pantries are working on developing nutrition policies. Area food banks are working to develop contracts/agreements with local farmers to secure fresh produce for pantries.
- Team 5 A needs assessment survey was carried out with food pantries throughout the Tri-County. Work continues to move forward on aligning pantry policies across the Tri-County.
- A-Team Working on communication & sustainability practices for the HEAL FSP.

Wellness Policies:

- The conversation has been restarted with Peoria Park District regarding the development of a health & wellness policy for staff and guests.
- Peoria Area Food Bank submitted nutrition policy to their board to be approved at the end of this month
- Work continues with food pantries interested in developing a nutrition policy.

Breastfeeding:

- A breastfeeding space was revamped at Manual High School, and a mobile 'breastfeeding space' was created for use at community events.
- Work is currently being done to reach East Peoria High School and Pekin Community High School about their interest in a 'breastfeeding space' being created and/or updated for nursing students.
- Michelle Compton reported, I-WIC has minimal reports that can be run compared to Cornerstone which makes it difficult to generate helpful data surrounding breastfeeding.

Next meeting Thursday, December 9, Tazewell County Health Department / Zoom

Respectfully submitted,

Kim Litwiller