

APPENDIX 2: COMMUNITY HEALTH IMPROVEMENT PLAN (CHIP) DASHBOARDS

Healthy Eating / Active Living

January 1, 2020 – December 31, 2022

HEALTH PRIORITY: HEALTHY EATING/ACTIVE LIVING (HEAL)			
GOAL: TO FOSTER AND PROMOTE HEALTHY EATING AND ACTIVE LIVING TO REDUCE CHRONIC DISEASE AND FOOD INSECURITY IN THE TRI-COUNTY AREA.			
	INTERVENTION STRATEGIES (Evidence-based)	EVALUATION PLAN	POTENTIAL RESOURCES/PARTNERS
<p>OBJECTIVE #1 (HP2020): By 2022, reduce the proportion of adults considered obese by 2%</p> <p>Baseline: The percentage of adults considered obese (<i>Data from County Health Rankings</i>):</p> <ul style="list-style-type: none"> • Peoria-33% • Tazewell- 33% • Woodford- 28% 	<ul style="list-style-type: none"> • <u>Community-based social support for physical activity and nutrition</u> 	<ul style="list-style-type: none"> • BMI • Exercise days of at least 30 minutes in the last week (CHNA) • Servings/separate portions of fruit and/or vegetables on a typical day (CHNA) 	Advocate Eureka Hospital Ending Hunger Together Partners Hopedale Medical Complex OSF Healthcare / Saint Francis Medical Center Park District(s) serving the tri-county Peoria City/County Health Department Tazewell County Health Department Tri-County Regional Planning UnityPoint Health University of Illinois Extension Woodford County Health Department
<p>OBJECTIVE #2 (HP2020): By 2022, reduce the proportion of youth (Grade 8-12), who self-reported overweight and obese by 2%</p> <p>Baseline: 11% to 17% of youth report being overweight and 13% of youth report being obese (<i>Data from IYS</i>)</p>	<ul style="list-style-type: none"> • <u>Breastfeeding promotion programs</u> • <u>Family-based physical activity interventions</u> • <u>Screen time interventions for children</u> • <u>Multi-component obesity prevention interventions</u> 	<ul style="list-style-type: none"> • Breast feeding rates (WIC) • Fruit/Vegetable consumption in the last 7 days (IYS) • Hours per day spent on non-school related screen time (IYS) • Days physically active for a total of at least 60 minutes in the last 7 days (IYS) 	Advocate Eureka Hospital Colleges and universities within the tri-county Ending Hunger Together Partners Hopedale Medical Complex OSF Healthcare / Saint Francis Medical Center Park District(s) serving the tri-county Peoria City/County Health Department Regional Fresh Food Council School districts within the tri-County Tazewell County Health Department Tri-County Regional Planning UnityPoint Health University of Illinois Extension Woodford County Health Department WIC YMCA YWCA

<p>OBJECTIVE #3 (HP2020): By 2022, decrease food insecurity in populations residing in Peoria, Tazewell and Woodford Counties by 1%</p> <p>Baseline: The percentage of households reporting food insecurity (<i>Data from County Health Rankings</i>):</p> <ul style="list-style-type: none"> • Peoria- 16% • Tazewell- 10% • Woodford- 9% 	<ul style="list-style-type: none"> • <u>Food insecurity screening</u> • <u>Create multisector partnerships and networks</u> 	<ul style="list-style-type: none"> • Food insecurity data (WIC) • Healthcare food insecurity screening data • Days per week hungry (CHNA) • Hungry because there was not enough food at home in the last 30 days (IYS) 	<p>Advocate Eureka Hospital Ending Hunger Together Partners Hopedale Medical Complex OSF Healthcare / Saint Francis Medical Center Park District(s) serving the tri-county Peoria City/County Health Department School districts within the tri-County Tazewell County Health Department Tri-County Regional Planning UnityPoint Health University of Illinois Extension Woodford County Health Department WIC</p>
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